



Food for Health

Are You What You Eat?

Food is a topic of endless discussion. It's something we can't do without and it can also be a source of great enjoyment. Is there anything as personal or as important as the foods we choose to eat each day? Our health depends to a large extent on what we eat.

The **Food for Health** table-top interactive exhibit, designed for elementary grades, teaches the role food plays in ensuring good health. It answers many of the questions Canadians have about their food choices, about food safety and about the role food plays in ensuring good health.



The Food for Health travelling suitcases, Food for Health travelling exhibition and the Food for Health website are presented nationally by:

In partnership with



Canadian Partnership for
Consumer Food Safety Education
Partenariat canadien pour
la salubrité des aliments



 Agriculture and
Agri-Food Canada

Agriculture et
Agroalimentaire Canada

and



CIHR IRSC
Canadian Institutes of
Health Research

 Canadian Food
Inspection Agency

Agence canadienne
d'inspection des aliments

 Health
Canada

Santé
Canada

Food for Health

Components

- Four fold-out panels (English on one side, French on the other)
- MacBook Pro computer with the full contents of the Food for Health exhibition and website, as well as the exhibition's interactives, games and activities
- Two laminated panels
 - Bacteria in the Kitchen
 - Food Additives – with and without

Interpretive props

- dairy cow teat cup
- dairy cow identification ear tags
- disposable boots

Additional information and learning aids

- *Canada's Food Guide*
- *Canada's Food Guide - First Nations, Inuit and Métis*
- Interpreter's binder with education programming ideas, demonstrations and games
- Flipbook with information about food-borne bacteria

Languages

- All information and elements are presented in bilingual format

Space requirements

- Suitcase dimensions:
L 80 cm x W 62 cm x H 42 cm
(L 31.5" x W 24.5" x H 16.5")
- Weight: 48 kg (106 lbs)
- Suitcase contents occupy a minimum of two six-foot tables
- Standard electrical power source is required for the computer

Fees

- Introductory fee of \$125 per four week period, for 2009
- One-way transportation plus insurance
- GST applicable to both loan and transportation fees

Dates available

Until December 2014



(Suggested presentation)



CONTACT

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www.sciencetech.technomuses.ca/english/whatson/travel_exhibits.cfm

Feuillelet d'information également disponible en français

Canada